

**Michigan Department of Education  
Office of Health and Nutrition Services  
School Nutrition Programs**

**Summerfield Schools Wellness Policy:  
Triennial Assessment Summary**

## Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

## Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

## Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

## Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

## Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

[https://www.michigan.gov/mde/0,4615,7-140-66254\\_50144-194546--,00.html](https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html)

## Section 1: General Information

School(s) included in the assessment:

Summerfield Schools

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Month and year of current assessment: June 2023

Date of last Local Wellness Policy revision: June 2019

Website address for the wellness policy and/or information on how the public can access a copy:

<https://www.summerfield.k12.mi.us/>

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## Section 2: Wellness Committee Information

How often does your school wellness committee meet? 4 times per year

School Wellness Leader:

Name	Job Title	Email Address
Scott Salow	Superintendent	<a href="mailto:salow@summerfield.k12.mi.us">salow@summerfield.k12.mi.us</a>

School Wellness Committee Members:

Name	Job Title	Email Address
Jodi Bucher	Principal	<a href="mailto:bucherj@summerfield.k12.mi.us">bucherj@summerfield.k12.mi.us</a>
Camryn Klocinski	Principal	<a href="mailto:klocinski@summerfield.k12.mi.us">klocinski@summerfield.k12.mi.us</a>
Pete Hannigan	Director of Food Service	<a href="mailto:phannigan@thenutritiongroup.biz">phannigan@thenutritiongroup.biz</a>
Zac Clark	Health Teacher	<a href="mailto:clarkz@summerfield.k12.mi.us">clarkz@summerfield.k12.mi.us</a>
Abby Stanger	School Board Member	<a href="mailto:stanger@summerfield.k12.mi.us">stanger@summerfield.k12.mi.us</a>
Kerri Secor	Parent	<a href="mailto:kerrisecor@gmail.com">kerrisecor@gmail.com</a>

### Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- Michigan State Board of Education Model Local School Wellness Policy
- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Our policy at Summerfield Schools was taken directly from the Alliance for a Healthier Generation. We used their template and, with the help of our new members, were able to build a new policy. The suggestions that were provided were a huge help and guided us in the right direction. We also used the Michigan Department of Education and our school's previous policy as well. We were able to focus on our strengths, as well as to work on our weaknesses.

## Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
  - Nutrition promotion and education
  - Physical activity
  - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

**Tip:** When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

## Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Summerfield Schools

Date: June 13, 2023

### Nutrition Promotion and Education Goal(s):

<b>Goal</b> What do we want to accomplish?	<b>Action Steps</b> What activities need to happen?	<b>Timeline</b> Start dates	<b>Measurement</b> How is progress measured?	<b>Lead Person</b>	<b>Stakeholders</b> Who will be involved and/or impacted?	<b>Complete?</b>
Example: Food and beverages will not be used as a reward for students.	<ul style="list-style-type: none"> <li>a) Provide teachers with list of non-food reward examples.</li> <li>b) Discuss changes at back-to-school staff training.</li> <li>c) Follow-up mid-year to discuss challenges and determine additional communication needed.</li> </ul>	Before the beginning of next school year.	<ul style="list-style-type: none"> <li>– Verbal check-ins with staff to ensure compliance.</li> <li>– Teacher survey at end of school year.</li> </ul>	Principal	Teachers, staff, students	Yes
Students may bring in water bottles from home	<ul style="list-style-type: none"> <li>-Access to clean water via fountain or refill stations</li> <li>-Provide students ample time to rehydrate as needed</li> </ul>	Beginning of the school year 2020-2021	Data gathered from refill stations	Principals	Staff, students, parents	Ongoing

Physical Activity Goal(s):

<b>Goal</b> What do we want to accomplish?	<b>Action Steps</b> What activities need to happen?	<b>Timeline</b> Start dates	<b>Measurement</b> How is progress measured?	<b>Lead Person</b>	<b>Stakeholders</b> Who will be involved and/or impacted?	<b>Complete?</b>
Students will be moderately to vigorously active for at least 50% of class time during most or all PE class sessions	-Continuous education for current PE teachers -Invite PE teachers to Wellness Committee	Beginning of 2018-2019 school year	Evaluation of PE classes	PE teachers	Staff, students	Ongoing

School-based activities to promote student wellness goal(s):

<b>Goal</b> What do we want to accomplish?	<b>Action Steps</b> What activities need to happen?	<b>Timeline</b> Start dates	<b>Measurement</b> How is progress measured?	<b>Lead Person</b>	<b>Stakeholders</b> Who will be involved and/or impacted?	<b>Complete?</b>
Students, parents, and other community members shall have access to, and be encouraged to use the school's outdoor physical activity facilities outside the normal school day	-Lights on at track after dark -Playground made accessible -Open gym opportunities -Sand volleyball courts and ballfields open to the public -Worked with city to create additional sidewalks and pathways for safe walking and biking	Beginning of 2022-2023 school year	Feedback from students, parents, and community members	Principals	Students, parents, community members	Ongoing

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**Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):**

<b>Goal</b> What do we want to accomplish?	<b>Action Steps</b> What activities need to happen?	<b>Timeline</b> Start dates	<b>Measurement</b> How is progress measured?	<b>Lead Person</b>	<b>Stakeholders</b> Who will be involved and/or impacted?	<b>Complete?</b>
Morning bus routes will be scheduled to allow students to arrive at school in time to eat breakfast in the cafeteria or in classrooms	-Involve head of transportation to coordinate bus routes -Encourage students to utilize opportunities to enjoy breakfast	Beginning of 2021-2022 school year	-Monitor amount of breakfast purchased	Food service director	Bus drivers, cafeteria workers, students, staff	Ongoing

**Guidelines for other foods and beverages available on the school campus, but not sold:**

<b>Goal</b> What do we want to accomplish?	<b>Action Steps</b> What activities need to happen?	<b>Timeline</b> Start dates	<b>Measurement</b> How is progress measured?	<b>Lead Person</b>	<b>Stakeholders</b> Who will be involved and/or impacted?	<b>Complete?</b>
The school principals will encourage the use of healthy food for all classroom parties, snacks, and celebrations	-Inform teachers and parents -Encourage teachers to set a good example	Beginning of 2023-2024 school year	-Monitor classroom parties -Feedback from teachers, students	Principals	Staff, students	Ongoing


Marketing and advertising of only foods and beverages that meet Smart Snacks:

<b>Goal</b> What do we want to accomplish?	<b>Action Steps</b> What activities need to happen?	<b>Timeline</b> Start dates	<b>Measurement</b> How is progress measured?	<b>Lead Person</b>	<b>Stakeholders</b> Who will be involved and/or impacted?	<b>Complete?</b>
Food and beverage marketed or promoted to students on campus during the school day will meet or exceed the USDA Smart Snack in School nutrition standards	Educate staff and food service employees	Beginning of 2023-2024 school year	Monitoring of school promotions	Food service director	Staff, students, teachers	Ongoing
All school cafeterias will have a minimum of two taste tests per year	-Food service director to schedule -Order and prepare food -Check any food allergies or intolerances before food is served	Beginning of 2023-2024 school year	-Student feedback -End of year survey	Food service director	Food service, students, staff	Ongoing